

Oadby and Wigston Borough Council

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Community Health Improvement Officer



Oadby & Wigston
BOROUGH COUNCIL

Walking Programme

- Group walks provide an opportunity to get active, socialise and improve mental and physical wellbeing.
- 1-1 walking support for those who are physically and mentally vulnerable and/or socially isolated.
- Walks are free and accessible for anyone, and ran by local volunteers.



Community Health Champion Programme



Support with the promotion of key health messages, campaigns and interventions to the community.



Volunteer Role

- Share local health and wellbeing information and opportunities
- Share factual information on Covid-19 vaccinations and testing
- Support in the creation of targeted health messages and campaigns, including video campaigns.
- Act as a point of contact for health and wellbeing information
- Voice the health and wellbeing concerns

Benefits to our Volunteers

- Bespoke training package
- Regular catch ups and support
- Meet new people
- Improve knowledge in health & wellbeing
- Help the community

Current Progress and Next Steps

- Recruitment
- Fortnightly newsletters
- Establishing networks and knowledge of existing volunteers
- Developing Youth Health Champion Programme
- Pop Ups in Oadby and Wigston Town centres
- Working with PCN on drop in Vaccination Clinics

More information

<https://bit.ly/36foe1R>

Comments, questions or feedback

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